***Adverse Childhood Experiences Handout for Parents* (English and Dari available)**

English PDF:

<https://www.pacesconnection.com/fileSendAction/fcType/5/fcOid/514314756205641209/fodoid/514314756205641204/PACES-UnderstandingACEs_ENG.pdf>

Dari PDF: <https://www.pacesconnection.com/fileSendAction/fcType/5/fcOid/514314756227820494/fodoid/514314756227820488/PACEs-UnderstandACEs_URDari.pdf>

Owner: PACEs Connection

Beneficial Content: Explains Adverse Childhood Experiences, their effects on the body, and building resilience for healing

***Adverse Childhood Experiences Risk and Protective Factors***

Website: <https://www.cdc.gov/violenceprevention/aces/riskprotectivefactors.html>

Owner: CDC

Beneficial Content: List risk and protective factors to help build understanding of ACEs

***Age-Related Reactions to a Traumatic Event***

PDF: <https://www.nctsn.org/sites/default/files/resources//age_related_reactions_to_traumatic_events.pdf>

Owner: The National Child Traumatic Stress Network

Beneficial Content: Explains traumatic reactions and assistance ideas by age group

## ***Managing Trauma: Tips for Supporting Refugee Teens in Schools, Refugee Resettlement, and Other Contexts***

YouTube: <https://www.youtube.com/watch?v=iM_o9rMQxl0>Owner: BRYCS
Objectives:

* Understand some of the dilemmas facing refugee teenagers.
* Converse helpfully and meaningfully with refugee teens.
* Intervene more effectively with the refugee teens, their families, and schools

# ***Understanding How an Immigrant Family Navigates Family Trauma***

# YouTube: <https://www.youtube.com/watch?v=vl_5FgP_vFM>

Owner: The National Child Traumatic Stress Network

Objectives:

* Identify trauma informed strategies for discussing culturally relevant content with clients and families.
* Observe practices that facilitate effective reframing of behaviors and traumatic stress.
* Learn self-reflective practices that help facilitate improved rapport with clients.

# ***Understanding Trauma in Refugee Youth: Pre-flight, Flight, & Post-flight***

YouTube: <https://www.youtube.com/watch?v=oUcMXfAQb4E>

Owner: BRYCS

Objectives:

* Appreciate the complexity of multiple traumatic experiences faced by refugee youth due to forced migration
* Become familiar with relevant theories
* Understand varying degrees of the impact of trauma during stages from pre-flight through post flight
* Distinguish social and cultural factors involved in adolescent trauma
* Understand the impact of trauma exposure on the individual, family, school, and community

***Understanding Refugee Trauma: For School Personnel***

PDF: <https://www.nctsn.org/sites/default/files/resources/fact-sheet/understanding_refugee_trauma_for_school_personnel.pdf>

Owner: The National Child Traumatic Stress Network

Beneficial Content: Helps school personnel with a basic understanding of refugee trauma.

*Note: Trauma informed care is a hot topic in many districts, so it is possible this information is just a refresher for school personnel.*

***Working with Child Welfare***

PDF: <https://brycs.org/wp-content/uploads/2018/08/BRYCS-Webinar-Part-II-3-24-2010.pdf>

Owner: BRYCS

Beneficial Content: Builds an understanding of the child welfare system, mandated reporting, and what happens when working with child welfare.